

2019 - Podium Rats Winter Duathlon - Race 3

	Name	Time	Category	Age Group Place
KIDS				
1st Male	Macka Wagstaff	18:53	M	1st
2nd Male	James McGregor	20:46	M	2nd
3rd Male	Novak Marshment	20:57	M	3rd
	Samuel McFarlane	21:07	M	4th
	Oscar Burns	21:24	M	5th =
	Finn Griffiths	21:24	M	5th =
	Matthew Wallace	22:15	M	7th
	Liam McFarlane	22:35	M	8th
	Jimmy McFarlane	22:36	M	9th
	Bruce McGregor	22:44	M	10th
	Lewis Lei	23:39	M	11th
	Alfie Cochrane	24:09	M	12th
	Sam Massey	24:17	M	13th
1st Female	Keira Murphy	24:50	F	1st
	Anton Harding	24:56	M	14th
2nd Female	Meika Laman-Trip	25:17	F	2nd
	Jono Dalton	26:00	M	15th
3rd Female	Abigail Sims	26:07	F	3rd
	Billie Griffiths	26:14	F	4th
	Blake Miles	26:15	M	16th
	Lucie Bradley	27:07	F	5th
	Sophie Loveless	27:14	F	6th
	Jeremy Billing	27:16	M	17th
	Annabelle Old	27:23	F	7th
	Haarlem Laman-Trip	27:28	M	18th
	Skakia Laman-Trip	27:29	F	8th
	Hayden Billing	28:14	M	19th
	Eloise Newcombe	28:32	F	9th
	Annie Neilson	29:41	F	10th
	Elena Burns	29:49	F	11th
	Amelia Foote-Webb	30:02	F	12th
	Hannah Hickson	30:24	F	13th
	Helen Marshment	30:31	F	14th
	Lyla Alton	30:39	F	15th
	Brennan Otten	30:42	M	20th
	George McGregor	30:51	M	21st
	Madeline Newcombe	30:57	F	16th

	Name	Time	Category	Age Group Place
	Marlowe Alton	31:04	M	22nd
	Helena Yee	31:11	F	17th
	Giselle Yee	31:17	F	18th
	Thomas Porthouse	31:50	M	23rd
	Alice Alton	32:22	F	19th
	Oliver Dalton	33:22	M	24th
	Natalya Loveless	33:33	F	20th
	Freya Porthouse	35:09	F	21st
	Nina Cochrane	35:17	F	22nd
	Emma Kenny	35:41	F	23rd
	Noah Baird	36:03	M	25th
	Charlotte Sims	39:39	F	24th =
	Carlee Neilson	39:39	F	24th =
	Evie Muggeridge	40:10	F	26th
	Hamiora Skipwith	40:52	M	26th
	Aharon Ardern	42:10	M	27th
	Carissa Billing	43:52	F	27th
	Maihi Skipwith	51:07	M	28th
	Gareth McHale	54:07	M	29th
	Gracie Bradley	27:08	F	Run Only
	SHORT			
1st Male	Ronan Griffiths	48:23	JM	1st
2nd Male	Jack Bradbrook	49:39	OM	1st
3rd Male	Patrick Old	51:59	JM	2nd
1st Female	Melanie Loveless	53:08	VW	1st
	Cameron Arkwright	55:35	JM	3rd
2nd Female	Camille Stranks -with 20 stitches in leg!	56:03	VW	2nd
	Andrew Shaw	56:04	SM	1st
	Phil Adams	56:12	VM	1st
3rd Female	Lisa Haycock	56:17	OW	1st
	Cheryl Knyvett	56:49	OW	2nd
	Olivia Tilby-Adams	58:58	JW	1st
	Brent Hussey	59:56	SM	2nd
	Kathryn Murphy	1:00:42	VW	3rd
	Alex Tilby-Adams	1:02:08	JW	2nd
	Monique Geraghty	1:02:58	OW	3rd
	Emma Hickson	1:03:43	JW	3rd
	Jodie Hickson	1:03:44	VW	4th
	Marty Sims	1:03:45	VM	2nd

	Name	Time	Category	Age Group Place
	Joanna Sims	1:04:19	VW	5th
	Melissa Johnson	1:04:39	SW	1st
	Robyn Williams	1:05:05	OW	4th
	Ali Pottinger	1:05:13	OW	5th
	Chloe Nicholson	1:07:32	JW	4th
	Leonie Annett	1:07:52	VW	6th
	Fiona Dean	1:08:19	VW	7th
	Gail Hussey	1:17:14	SW	2nd
	Lisa Ardern	1:35:05	VW	8th
LONG				
1st Male	Will Hand	1:11:01	OM	1st
2nd Male	Leigh Reynolds	1:13:34	OM	2nd
3rd Male	Ali Brownlee	1:15:58	OM	3rd
	David Jaggs	1:18:52	OM	4th
	Ben Tallon	1:19:22	OM	5th
	Paul Billing	1:19:28	VM	1st
	Andrew Hickson	1:19:32	VM	2nd
	Tom Hambrook	1:19:37	VM	3rd
	Kerry Suter	1:23:14	VM	4th
	Trevor Knyvett	1:23:17	OM	6th
	Vourne Palmer	1:24:34	OM	7th
1st Female	Lydia Hale	1:29:28	OW	1st
2nd Female	Genevieve Matthews	1:29:29	VW	1st
	Bevan Jefferies	1:31:00	OM	8th
3rd Female	Hannah Lowe	1:32:34	OW	2nd
	Karl Murton	1:36:13	SM	1st
	Austin Lash	1:37:52	JM	1st
	Sarah Lei	1:42:44	VW	2nd
	Russell Watts	1:44:19	SM	2nd
	Heath Lash	1:44:21	JM	2nd
	Neil Worden	1:44:32	SM	3rd
	John Goninon	1:47:00	OM	9th
	Mark Koopal	1:47:49	VM	5th
	Faith McGregor	1:48:42	VW	3rd
	The Sonics - Sonia & Nic	2:07:49	TEAM	1st
	Steve Jenkins	2:10:33	VM	6th
	Nicola Nicholson	2:11:04	VW	4th
	Bronwyn Alton	2:19:33	VW	5th
	Niki Sullivan	2:39:38	OW	3rd